



# REFERRAL FORM

Tavistock Youth Café

[www.tavistockyouthcafe.com](http://www.tavistockyouthcafe.com)

**Young person's full name:**

Gender (optional):

Pronoun:

Address:

Postcode:

Young person's date of birth:

Young person's contact number:

Parent/Carer full name:

Parent/ Carer mobile number:

Parent/Carer landline number:

## **Information about the referral**

Please give us some information about the need for support, this can be as long or short as you like, but a bit of information will help us to understand what we can do to help. Please consider what the young person would like to gain from the support. (Please use the blank page at the end of the document if needed).

**Which type of support are you hoping to access:**

- 1:1 Youth Work
- Momentum Group Work
- Wellbeing Group Work
- Unsure - I would like to discuss options

**School or College details:**

School:  
Year group:  
Head of Year

Please tick below:

- Full time education
- Reduced timetable
- Home-schooled

**Previous/current support received by young person:**

Please select:

- CAMHS
- Young Devon
- School/College mentoring
- None
- Other\*

\* If you have selected other, please state previous/current support in place:

**CONSENTS:**

- The young person is aware of this referral and has given consent.
- Parent/carer is aware of this referral and has given consent for information to be shared.

*\*This data will be held by Tavistock Youth Cafe and used solely for the purpose of managing referrals within our team.*

A member of our team will be in contact when a space for support becomes available.

Best Wishes,

*Vicki Lloyd-Walsh*

*Tavistock Youth Café Manager & Health and Wellbeing Coach*

**Please email completed forms to: [referral.tavistockyouthcafe@gmail.com](mailto:referral.tavistockyouthcafe@gmail.com)**

**Office admin use only – please leave blank\***

Date referral received:

Referral made by:

- GP
- Parent Carer
- School/College
- Social services
- Other agency – please state:

You can find out more information about Tavistock Youth Café and the sessions and projects we run by visiting our website: [www.tavistockyouthcafe.com](http://www.tavistockyouthcafe.com)

**Useful links:**

Please see link for **CAHMS** crisis line if you are concerned about a young person.

[Crisis support from CAMHS - Devon Childrens' and Families Partnership \(dcfp.org.uk\)](http://www.dcfp.org.uk)

**PAPYRUS** - if you are having thoughts of suicide or are concerned for a young person who might be you can contact HOPELINEUK for confidential support and practical advice.

Call: 0800 0684141

Text: 07860039967

Email: [pat@papyrus-uk.org](mailto:pat@papyrus-uk.org)

**YOUNGMINDS** – resources to help understand more about how you're feeling and find ways to feel better, or if you want to support someone who's struggling.

[www.youngminds.org.uk/](http://www.youngminds.org.uk/)

**STEM 4** - digital resources for parents/carers and pioneering mental health apps for young people.

[www.stem4.org.uk](http://www.stem4.org.uk)